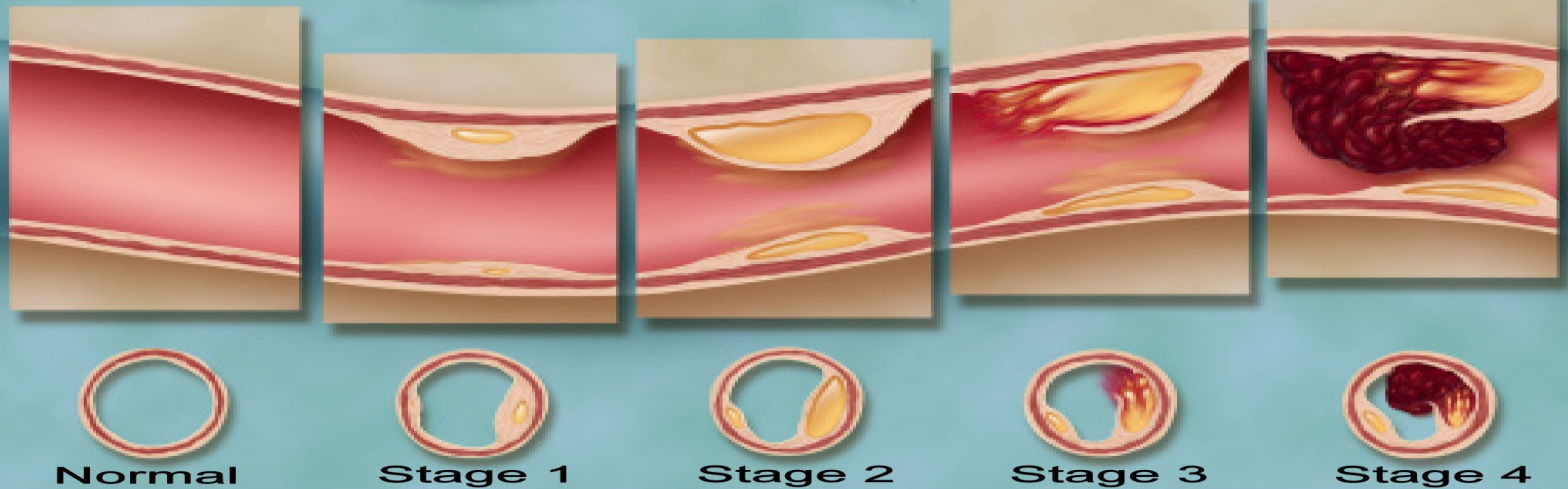


# STAGES OF ARTERIAL DISEASE



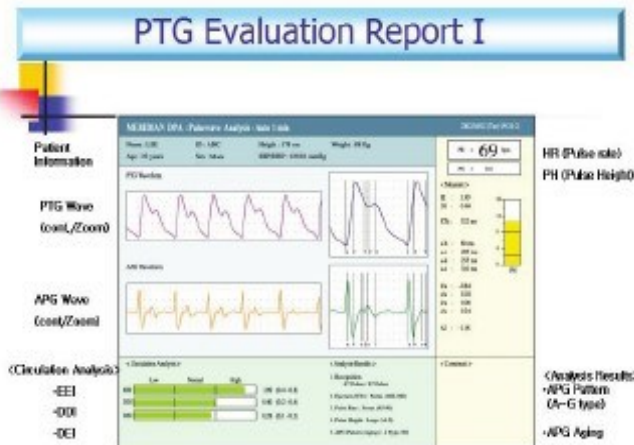
Did You Know?

Digital Pulsewave Analyzer

The major cause of cardiovascular disease is the silent and steady build-up of fatty plaque deposits in your arteries.

This results in narrowed blood vessels which decrease the blood and oxygen delivered to your heart, brain and limbs.

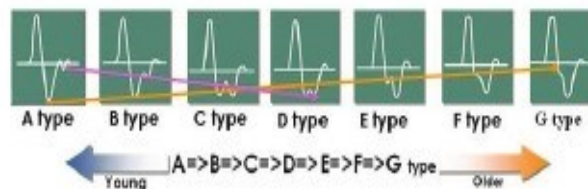
A heart attack or stroke can occur at any time and often without warning.



The DPA\* measures the pulse waveform produced with each heartbeat.

Each time the heart beats, it sends a pulse wave down the arteries to your fingers and toes.

This wave is then reflected back to the heart and is analyzed by the device. \* Health Canada Approved



# IN JUST 6 MINUTES YOU WILL RECEIVE A PRINT OUT THAT WILL GIVE YOU :

ECG Type Reading - looks for irregularities in the heartbeat

ECHO Type Reading - looks at the timing of the aortic valve and left ventricle contraction to ensure proper cardiac output of blood

Circulation Analysis - looks for restrictions of blood flow in the large, small and peripheral arteries

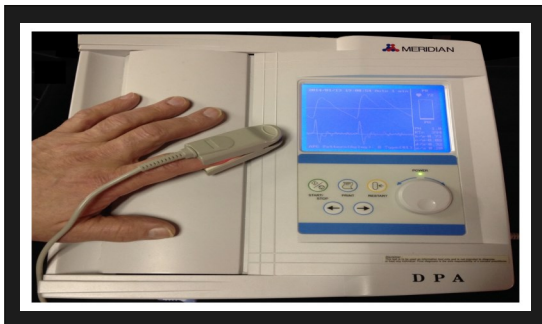
Arterial Elasticity – looks for arteriosclerosis or stiffening of the aorta and large arteries

Pulse Height - looks for dehydration, blood pressure and possible inflammation

Pulse Rate - the resting heart rate

Biological Age (How old are you inside?) - your arterial age is not equivalent to your chronological age

Heart Rate Variability (H.R.V.) - the ability of the heart to adapt to stress



## THE VITAL STATS

- ♥ The leading cause of hospitalization in Canada is heart disease and stroke.
- ♥ There are an estimated 70,000 heart attacks each year in Canada. That's one heart attack every 7 minutes.
- ♥ Almost 16,000 Canadians die each year as the result of a heart attack.
- ♥ Cardiovascular Disease accounts for 29% of all deaths in Canada.
- ♥ It is estimated that there are 500,000 Canadians living with heart failure and 50,000 new patients are diagnosed each year.
- ♥ Up to 40% to 50% of people with congestive heart failure die within five years of diagnosis.
- ♥ 9 in 10 Canadians have at least one risk factor for heart disease or stroke (smoking, alcohol, physical inactivity, obesity, high blood pressure, high cholesterol, diabetes)
- ♥ Up to 80% of premature heart disease and stroke is preventable.

FOR MORE INFORMATION AND TO BOOK YOUR  
CARDIOVASCULAR SCREENING CONTACT:

### Centre For Alternative Healing

C-1510 St. Mary's Road  
Winnipeg, MB R2M 3V7  
(204) 255-9523  
[www.althealing.ca](http://www.althealing.ca)

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